



SRI ADICHUNCHANAGIRI SHIKSHANA TRUST (R.)  
**BGS GLOBAL INSTITUTE OF MEDICAL SCIENCES**

(Affiliated to Rajiv Gandhi University of Health Sciences, Bangalore)  
No. 67, BGS Health & Education City, Uttarahalli Road, Kengeri,  
Bangalore- 560060

**Report**  
**on**  
**“Team Building”**

<b>Date</b>	7 <sup>th</sup> March 2018
<b>Venue</b>	Lecture hall no-1 , Administrative block
<b>Organized by</b>	Department of Community Medicine, BGSGIMS
<b>Coordinator/ Program in charge</b>	Dr. Jaya Sri
<b>Students Benefited</b>	50 Students
<b>Objective of the Program</b>	The main objective of the program is to build the competency of team building.
<b>Program outcome</b>	<p>Team building is one of the leadership quality. So each student has built up this competency and end up with good result in assigned task.</p> <p>The students gained in depth knowledge about this quality and recent updates. The gained knowledge will boost confidence of students in facing the complaint encountered as medical practitioners.</p>
<b>Brief report about the Program</b>	<p>In this program, following topics were discussed through Lectures.</p> <ul style="list-style-type: none"><li>• Team Member selection.</li><li>• Commitment of Members.</li><li>• Management support.</li><li>• Communication skills</li><li>• Barriers in tea Building.</li><li>• Case studies</li></ul>

  
**DEAN cum PRINCIPAL**

Dean cum Principal  
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**Report**  
**on**  
**“Communication Skills”**

<b>Date</b>	3 <sup>rd</sup> April 2019
<b>Venue</b>	Lecture hall no-2 , Administrative block
<b>Organized by</b>	Department of Psychiatry , BSGSIMS
<b>Coordinator/ Program in charge</b>	Dr. Keertish
<b>Students Benefited</b>	50 Students
<b>Objective of the Program</b>	The main objective of the program is to build the competency of Communication .
<b>Program outcome</b>	one of the important quality the medical field is, how best doctor is going understand the case. The same has to be communicated to the patient. So each student has built up this competency and able to solve the problem of the case.
<b>Brief report about the Program</b>	<p>In this program, following topics were discussed through Lectures and case studies.</p> <ul style="list-style-type: none"><li>• Communication skills</li><li>• Barriers in Communication.</li><li>• Transactional Analysis</li><li>• Case studies</li></ul>

  
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**Report**  
**on**  
**MIND over MAT(TER)**  
**Yoga Health and Wellness program**

<b>Date</b>	Started on 22 <sup>nd</sup> May 2021 ( One year Program)
<b>Venue</b>	Yoga Hall /Yoga Centre
<b>Organized by</b>	Department of Physiology, BGSGIMS
<b>Team Members</b>	Dr. M E Mohan, Principal Dr. Crystal Dsouza (Assistant Prof /Tutor) Dr. Govind G S (Tutor) Mr.Ronald (Faculty) Mr Prakash (Sports) Vibha final year Rachana 2 <sup>nd</sup> year Siddharth 1 <sup>st</sup> year
<b>Participants</b>	Students and Faculty
<b>Outcome of the Program</b>	At the end of this program, participants able to achieve self-well-being and Community harmony through the following areas  <ol style="list-style-type: none"><li>1. Leadership skills – To become resilient and realize ones individual potential</li><li>2. Social skills – To improve physical, mental and emotional wellbeing</li><li>3. Research – To explore Yoga as an adjunct to modern medicine</li><li>4. Career – To expose the interns to integrative medicine</li></ol>
<b>Brief report about the Program</b>	In this Yoga Health and Wellness program , following topics were discussed through Lectures and physical involvement of the participants. <ul style="list-style-type: none"><li>• Enhancing performance and stress management</li><li>• Weekly once Yoga programs for faculty and students, extendable on request</li><li>• Special stress management exercise prior to exams and after wards</li><li>• Talks by pioneers on Integrative medicine</li><li>• Case studies</li></ul>

*Ms. Dr. M. E. Mohan*  
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**Report**

**On**

**State Level Intercollegiate Quiz Competition “COGNITAIR” held at BSGGIMS,  
Bangalore**

<b>Date &amp; Time</b>	31 <sup>st</sup> May 2022 Time: 8.45.a.m.-3p.m
<b>Venue</b>	BGS GIMS Auditorium
<b>Organized by</b>	Quiz Club in cooperation with Pre final year Students ,BGS GIMS
<b>Program in charge</b>	Quiz Club, BSGGIMS
<b>Objective of the Program</b>	<ul style="list-style-type: none"><li>• Provide platform for students to explore their skills outside the classroom like event management, leadership, decision making.</li><li>• Opportunity for students to organization and curation of events right from conceptualization, planning and execution of such academic events</li><li>• To develop capability to organize such an event at higher level.</li></ul>
<b>Brief Report about the Program</b>	<p>The event was based on Phase I and Phase II MBBS subjects (Anatomy, Physiology, Biochemistry, Pathology, Pharmacology, Microbiology) along with Public Health and AETCOM to ensure a well-rounded approach, aimed to be on par with the PG entrance examinations like NEXT, USMLE, etc. Under the guidance of the quiz committee, the 3<sup>rd</sup> year students (Batch2019-20) organized an intercollegiate quiz for UG Medical Students of Phase II, III- Part 1 and Phase III- Part 2.</p> <p>There was a total of 38 teams that registered from 13 different medical colleges. On the day of the event, we had 29 teams from 11 medical colleges. The event brought about the sense of leadership, planning and smooth execution of events. It was of help to participants in terms of application of knowledge acquired during their basic sciences classes.</p>

Quiz committee

Chairperson- Dr. M E Mohan, Dean cum Principal

Faculty      Dr. Naveen, Professor, Dept. of Medicine

Dr. Rohini K R, Asst. Professor Dept. of Anatomy

Dr. Roopashree N, Asst. Professor Dept. of Physiology

Students -IIIrd Year MBBS- Deekshaa Vinay, Vishal Venugopal, Anup Sarang, Aisiri Deepak, Nikhil Vallamkondu, Preetham Reddy

IIInd Year MBBS-Rachana.K, Lishanth Vagish V, Srivatsa CD, Tejas R, Dristi Shetty, Nidhi Nagesh, Surabhi.L, Sahithi Chetahan, Sparsha Kalra, Shaima Banu



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**Report on**

**BGS GIMS International Yoga Day**

<b>Date &amp; Time</b>	21st June 2022 Time: 7.30 a.m.- 10.30 am
<b>Venue</b>	BGS Global Institute of Medical Sciences Cricket ground, Bangalore
<b>Organized by</b>	BGS GIMS
<b>Hosted by</b>	BGS Global Institute of Medical Sciences
<b>Brief Report about the Event</b>	Yoga Day was inaugurated by His Holiness Jagadguru Sri Sri Sri Dr. Nirmalanandanatha Mahaswamiji, Revered Sri Sri Dr. Prakashanath Swamiji, Dr. MK Ramesh, Hon'ble Vice Chancellor, RGUHS, M Krishnappa, MLA, Ms. Nishvika Naidu, Film actress.

  
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Photograph of the event









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**35<sup>th</sup> IAP UNDERGRADUATE QUIZ – 2022**

The 35th IAP (Indian Academy of Pediatrics) undergraduate college round quiz was conducted at the BGS Global Institute of Medical Sciences and Hospital, Bengaluru, Karnataka on 28th July 2022. This is a memorable event for the Pediatrics department as well as the institution as this is the fourth round of IAP UG quiz to be conducted in this college. It was an honor and privilege for the department of Pediatrics and all the staff to be a part of this academic event.

The venue was hospital lecture hall and the compere for the event was Dr. Darshan C, Assistant professor, Paediatrics and Dr.Pooja V The program began with rendering prayers to his divine soul Padmabushana Sri Sri Sri Dr. Balagangadharanatha Mahaswamiji, His Holiness Sri Sri Sri Dr. Nirmalanandanatha Mahaswamiji, Revered Sri Sri Dr. Prakashnathaswamiji , in the presence of our beloved Dean and Principal Dr. Mohan. M.E, Medical Superintendent Dr. Srikanth Kulkarni, Dr.Ramesh M- Head of the department of Paediatrics. We sought God's blessings with a melodious invocation song, followed by lamp lighting. The audience was welcomed by Dr.Ramesh M. Our dynamic Dean cum Principal addressed the gathering. The quiz master was Associate Professor Dr Vinod. M, who started the quiz after explaining the rules in detail. The quiz experts were Dr Ramesh M, Dr Sharath Chandra and Dr Rohith H R.

Our Assistant Professor was actively involved in co-ordinating the audience questions at the end of each round. The audience showed active participation. The vote of thanks was delivered by Dr.Shruthi. This was followed by refreshment for the members of the audience. It was indeed a feast of knowledge. The quiz was done using PowerPoint slides and proceeded smoothly in six rounds which included visual, clinical scenarios and rapid-fire rounds which were monitored by Dr Rahul R, Dr Mamatha and Dr. Madhukiran were the score

keepers. The participants were final year MBBS students who showed enthusiastic and active participation. The time keeper was Dr Sowmyashree G. The audio-visual team extended excellent support to the smooth conduct of the program. At the end of a very engaging and interactive quiz which was well fought by both teams, team A was declared as the winners with a clear margin



*Mona*

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